NEWS FROM MOUNT CINNAMON, OCTOBER 2026

Current Specials

- Something to Look Forward To - Save up to 30%*

  A little planning now, a slower pace to look forward to. Book your Mount Cinnamon stay at least 90 days before arrival, stay 2 nights or more and save up to 30% on our standard accommodation rate.

  Think unhurried mornings, time by the sea and the pleasure of discovering Grenada.

*Book from 90 days or more in advance to receive a -30% discount. Black-Out Dates 22nd Dec 2026 - 2nd January 2027 / 4 - 10 August 2027

- Your Island Escape - Save 25%**

Your next island escape may be closer than you think. Book within 89 days of arrival and enjoy 25% off our standard accommodation rate, with time to unwind at Mount Cinnamon and explore Grenada.

**Book up to 89 days in advance to receive a -25% discount. (Currenlty only bookable till 22 December 2026)

- Stay Committed - Save 35%***
  When your plans are settled, there's a little more to look forward to. Enjoy 35% off our standard accommodation rate if you stay 3 nights or more and make time for a slower pace at Mount Cinnamon.

***Book until 22 December to receive a -35% discount. (Currenlty only bookable till 22 December 2026)

New at the resort

Our Chef's Table Experience
Pull up a seat for an evening that moves at its own delicious pace. Executive Chef Jason Joseph guides you through seven courses that pair the best of Caribbean produce with world-class technique. Created for couples, small groups and special celebrations, it's a night of flavour, craft and good company that you'll be talking about long after the last bite.

Farm to Skin Experience
Step into our gardens and let the island do the pampering. Pick fresh, fragrant ingredients straight from the source, then blend them into a facial made just for you. It's hands-on, sensory and deeply relaxing, a lovely way to connect with the land and treat yourself to a little self-care.

Farm to Table: Garden Tour & Cooking Demo
See where the flavour begins. Wander through our gardens, meet the ingredients growing all around you and discover how Grenada's fresh, seasonal produce inspires what lands on your plate. Then watch our culinary

team turn it all into something delicious in a live cooking demonstration that celebrates the island's rich food culture.

Our Wellness Programming
Find your rhythm. From movement and mindful moments to time spent reconnecting with nature, our wellness experiences are here to help you slow down, recharge and make space for yourself. No pressure, no rush, just the easy pace of Mount Cinnamon.

Thursday Therapy: Ladies' Night
Thursday just became the best night of your week. Join us poolside at The Flying Fish for delicious food, good vibes and the people who matter most. Whether it's a long-overdue catch-up or the start of a new tradition, Thursday Therapy is all about enjoying the moment, one evening at a time.

Special Travel Agents' Rates

- 40% discount on room, incl. Breakfast (IATA to be provided)
- Black-Out Dates: 21st Dec 2026 to 2nd January 2027 / 21st March to 4th April 2027 / 4th to 10th August 2027
- Rates and rooms are still subject to availability
- 50% deposit collected at time of booking / remaining balance 30 days prior to arrival
- Bookings can be cancelled free of charge up to 31 days prior to arrival
- Inquiries are to be sent to: reservations@mountcinnamon.com

3 or 4 images of the property

- See link https://www.dropbox.com/scl/fo/xscjrs0aby8wxubjs4l30/AGF-z5_j9Z1fxFxMtuckdEI?rlkey=6fakybl08d4ficy7n0vxok9io&st=rjk2bnuk&dl=0